

UNDER 15 GIRLS Cont,d

Javelin600gr CR** 39.74

name	club	perf	venue	date
L.Bolton	N/P	32.90	C.Brea	1Aug
D.James	CAC	29.52	Bo'mouth	19Jun
A.Nicholls	N/P	25.50?	C.Brea	12Jun
J.Isbell	N/P	24.52	Andover	7Aug
K.Rowe	CAC	24.26	C.Brea	1Aug
S.Wells	POLW	23.04	C.Brea	1Aug
C.Bedwell	TAVAC	21.22	?	?
L.Casterton	CAC	20.68	Guild	7Aug
K.Marshall	CAC	19.06	Par	30May
J.Niven	TAVAC	17.06	?	?

AA RANKINGS

ber 1993.

Pentathlon

name	club	perf	venue	date
L.Dodson	N/P	2219	Exeter	27Jun
H.Royle	PENA.S	2151	Exeter	27Jun
L.Bolton	N/P	2149	C.Brea	26Sep
D.Abbott	N/P	2001	Exeter	27Jun
R.Duckham	CAC	2000	Exeter	27Jun
K.Treble	CAC	1848	C.Brea	26Sep
K.Marshall	CAC	1784	C.Brea	26Sep
A.Bolton	N/P	1653	C.Brea	26Sep
L.Cowl	CAC	1191	C.Brea	26Sep

half of Cornwall AAA
Track Statisticians.

UNDER 17 WOMEN

100m CR** 12.5

name	club	perf	venue	date
J.Joslin	N/P	12.7	Andover	7Aug
V.Brown	N/P	12.9	Exeter	4Jul
J.Richardson	TRUR	13.0	C.Brea	12Jun
A.Webb	TAVAC	13.3	C.Brea	3Apr
L.Matthews	CAC	13.4	C.Brea	20Jun
S.Webb	N/P	13.4	Swansea	29Aug
B.Smalley	?	13.7	Bo'mouth	19Jun
L.Holmes	CAC	13.9	C.Brea	25Apr
J.Elliott	TAVAC	14.1	?	?
M.Saxton	CAC	14.3	C.Brea	3Apr
S.Bray	R.LAND	14.3	C.Brea	1Aug

200m CR** 25.7

name	club	perf	venue	date
V.Brown	N/P	26.7	Andover	7Aug
J.Joslin	N/P	27.1	Exeter	25Jul
S.Webb	N/P	27.4	Exeter	27Jun
B.Smalley	?	27.5	Bo'mouth	19Jun
L.Matthews	CAC	27.8	C.Brea	20Jun
A.Webb	TAVAC	27.8	?	?
M.Saxton	CAC	28.9	Windsor	24Jul
J.Elliott	TAVAC	29.1	?	?
A.Pritchard	?	29.4	Exeter	27Jun
S.Keast	N/P	30.0	Exeter	27Jun

ditions to me at :

name club perf venue date

UNDER 17 WOMEN Contd;

UNDER 17 WOMEN Cont,d;

80mHur CR**11.6

300m				
name	club	perf	venue	date
CR**40.9				
S.Webb	N/P	44.7	Bo'mouth	19Jun
K.Ruhrmund	CAC	46.9	C.Brea	20Jun
L.Howells	PENA	47.1	C.Brea	20Jun
A.Webb	TAVAC	48.1	C.Brea	16May
K.Drew	CAC	48.7	C.Brea	25Apr
J.McCombie	CAC	49.1	C.Brea	20Jun
J.Elliott	TAVAC	49.8	C.Brea	16May
M.Saxton	CAC	51.7	C.Brea	10Apr
C.Murrell	N/P	53.7	C.Brea	16May

name	club	perf	venue	date
J.Richardson	TRUR	11.6	Bo'mouth	19Jun
S.Webb	N/P	12.9	Exeter	27Jun
K.Woodhatch	TREV	13.3	C.Brea	12Jun
S.Keast	N/P	13.3	Exeter	27Jun
J.Joslin	N/P	13.6	Cardiff	3May
L.Matthews	CAMB	13.7	Exeter	27Jun
E.Tugwell	CAC	14.2	C.Brea	26Sep
A.Pritchard	?	14.4	Exeter	27Jun

400m				
name	club	perf	venue	date
CR** 58.9				
V.Brown	N/P	64.9	Bracknell	24Jul
S.Webb	N/P	65.4	Yeovil	18Apr
L.Howells	N/P	66.2	C.Brea	22May
H.Harvey	CAC	67.8	Guidford	7Aug
A.Webb	TAVAC	68.?	?	?
C.Murrell	N/P	69.0	Yeovil	18Apr
M.Saxton	CAC	80.1	Guildford	7Aug

100mHur CR** 14.6				
name	club	perf	venue	date
J.Joslin	N/P	16.2	Yeovil	5Sep
S.Webb	N/P	17.4	Exeter	4Jul
E.Tugwell	CAC	20.2	Guildford	7Aug
A.Wells	CAC	21.6	Brack	24Apr

800m				
name	club	perf	venue	date
CR** 2:17.6				
H.Harvey	CAC	2:33.3	C.Brea	20Jun
J.McCombie	CAC	2:35.9	C.Brea	25Apr
L.Howells	N/P	2:36.1	C.Brea	16May
K.Ruhrmund	CAC	2:37.6	Brack	24Apr
A.Pritchard	?	2:40.1	Exeter	27Jun
E.Blake	N/P	2:42.5	C.Brea	20Jun
L.Matthews	CAMB	2:42.5	Exeter	27Jun
C.Murrell	N/P	2:47.3	C.Brea	16May
E.Tugwell	CAC	2:49.4	C.Brea	26Sep
S.Kirby	WADE	2:58.4	C.Brea	16May

300mHUR CR**47.8				
name	club	perf	venue	date
S.Webb	N/P	47.8	Bo'mouth	19Jun

1500m				
name	club	perf	venue	date
CR** 4:38.84				
H.Harvey	CAC	5:08.2	Exeter	21Aug
J.James	N/P	5:14.8	Bracknell	22May
J.McCombie	CAC	5:21.9	Par	15Aug
S.Wearne	TREV	5:34.0	C.Brea	12Jun
K.Ruhrmund	CAC	5:43.1	C.Brea	22May
E.Blake	PENA	6:14.6	C.Brea	16May
L.May	WADE	6:29.5	C.Brea	16May

400mHur CR** 65.8				
name	club	perf	venue	date
S.Webb	N/P	66.9	Ply	4Sep
Z.Richards	N/P	72.8	C.Brea	22May
M.Saxton	CAC	83.8	Guildford	7Aug

Mile				
name	club	perf	venue	date
CR**5:02.5				
J.James	N/P	5:47.0	C.Brea	1Aug

4x100mR CR** 50.5(51.4)				
name	club	perf	venue	date
County Sch		52.3	Bo'mouth	19Jun
Newquay/Par		53.2	Swansea	29Aug
Cornwall AC		58.3	C.Brea	20Jun

3000m				
name	club	perf	venue	date
CR** 10:14.36				
H.Harvey	CAC	11:29.3	Brack	24Apr
J.James	N/P	11:37.7	Tooting	24Apr

4x400mR CR** 4:19.6				
name	club	perf	venue	date
Newquay/Par		4:27.9	Yeovil	18Apr

High Jump CR** 1.66				
name	club	perf	venue	date
E.Tugwell	CAC	1.61	C.Brea	26Sep
V.Brown	N/P	1.50	C.Brea	16May
Z.Richards	N/P	1.45	Cardiff	3May
S.Keast	N/P	1.39	Exeter	27Jun
L.Matthews	CAMB	1.39	Exeter	27Jun
A.Pritchard	?	1.30	Exeter	27Jun
S.Webb	N/P	1.27	C.Brea	16May

name club perf venue date

UNDER 17 WOMEN Contd;

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Heptathlon

Long Jump	CR**	5.70		
S.Webb	N/P	4.85	Andover	7Aug
J.Joslin	N/P	4.82	Bo'mouth	19Jun
S.Keast	N/P	4.71	Bracknell	24Jul
K.Drew	CAC	4.55	C.Brea	16May
E.Tugwell	CAC	4.44	C.Brea	26Sep
A.Webb	TAVAC	4.39	?	?
P.Wilson	?	4.36	C.Brea	12Jun
V.Perkin	?	4.36	C.Brea	12Jun
M.Saxton	CAC	4.26	C.Brea	3Apr
A.Pritchard	?	4.05	Exeter	27Jun

S.Keast	N/P	3294	Exeter	27Jun
E.Tugwell	CAC	3144	C.Brea	26Sep
S.Webb	N/P	3047	Exeter	27Jun
L.Matthews	CAMB	3001	Exeter	27Jun
A.Pritchard	?	2900	Exeter	27Jun

Triple Jump	CR**	10.16		
E.Tugwell	CAC	10.16	C.Brea	1Aug
S.Webb	N/P	9.32	Exeter	4Jul

SENIOR WOMEN (Junior women shown*)

Shot4Kg	CR**	10.52		
J.Honour	R.LAND	9.98	Bo'mouth	19Jun
V.Brown	N/P	9.38	C.Brea	1Aug
C.Cheetham	CAC	8.99	C.Brea	1Aug
S.Keast	N/P	8.17	Par	30May
M.Flanagan	WADE	7.16	C.Brea	16May
Z.Richards	N/P	6.95	C.Brea	22May
J.Elliott	TAVAC	6.72	?	?
E.Tugwell	CAC	6.54	C.Brea	26Sep
L.Matthews	CAMB	6.43	Exeter	27Jun
S.Webb	N/P	6.11	Exeter	27Jun

100m	CR**	12.0(12.3*)		
C.Brown*	CAC	12.6	C.Brea	18Jul
L.Barnett	CAC	13.1	Ply	19Jun
J.Simpson(V)	N/P	13.4	Par	15Aug
S.Salmon*	N/P	13.5	C.Brea	20Jun
S.Robins		13.9	C.Brea	3Apr
K.Lambert*	N/P	14.2	Tooting	24Apr
S.Hopkins*	STVI	14.3d	Yeovil	19May
C.Maple*	PENVI	14.4d	Yeovil	19May
G.Simons(V)	CAC	14.7	C.Brea	20Jun
S.Roberts*	PENVI	15.0d	Yeovil	19May

Discus1Kg	CR**	32.20 35.00		
J.Honour	R.LAND	24.74	Bo'mouth	19Jun
J.James	N/P	24.68	C.Brea	20Jun
A.Wells	CAC	23.86	Brack	24Apr
S.Keast	N/P	22.78	Par	30May
J.Elliott	TAVAC	18.58	?	?
E.Tugwell	CAC	16.62	Guildford	7Aug
J.Bower	PENA	15.60	C.Brea	16May
J.Hayes	WADE	14.00	C.Brea	16May

200m	CR**	25.0(25.7*)		
C.Brown*	CAC	26.7	Stoke	26Jun
L.Barnett	CAC	27.0	Guildford	7Aug
K.Martin*	CAC	27.3	Exeter	27Jun
J.Williams*	CAC	27.4	Exeter	27Jun
S.Salmon*	N/P	27.5	Exeter	25Jul
N.Corcoran*	CAC	28.2	Exeter	27Jun
J.Gardner*	N/P	28.7	Yeovil	19May
M.Wooldridge	N/P	28.9	Exeter	4Jul
J.Simpson(V)	N/P	28.9	Par	15Aug
K.Lambert*	N/P	29.3	Exeter	27Jun

Javelin600gr	CR**	40.20		
S.Keast	N/P	34.42	Bo'mouth	19Jun
J.James	N/P	29.20	Par	15Aug
S.Webb	N/P	22.62	Yeovil	5Sep
Z.Richards	N/P	21.32	Cardiff	3May
J.Bowers	PENA	21.16	C.Brea	16May
L.Tyrell	POLT	20.96	C.Brera	12Jun
A.Pritchard	?	20.84	Exeter	27Jun
V.Brown	N/P	20.78	Exeter	4Jul
E.Tugwell	CAC	18.46	C.Brea	26Sep
A.Wells	CAC	17.68	Brack	24Apr

300m				
K.Martin*	CAC	46.9	C.Brea	10Apr
B.Lock(V)	CAC	48.2	C.Brea	10Apr
400m	CR**	56.8(56.8*)		
K.Martin*	CAC	59.2	Bo'mouth	19Jun
S.Salmon*	N/P	60.9	Ply	4Sep
C.Brown*	CAC	61.7	C.Brea	1Aug
J.Williams*	CAC	62.4	Ply	19Jun
B.Lock(V)	CAC	64.6	C.Brea	1Aug
M.Wooldridge	N/P	65.6	C.Brea	20Jun
N.Corcoran*	CAC	65.6	C.Brea	1Aug
J.Gardner*	N/P	66.9	Yeovil	19May
B.Gronow*	CAC	67.9	Yeovil	19May
B.Bannen	CAC	70.4	Windsor	24Jul

name club perf venue date

SENIOR WOMEN Cont'd(Junior women shown*)

SENIOR WOMEN Cont'd; (Junior women shown*)

5000m CR**16:43.66

800m CR** 2:08.63(2:13.33*)

E.Craig N/P 17:24.6 Sutton 17Apr

S.Salmon* N/P 2:13.33 Solihull 22Aug

100mHur CR**13.86(14.5*)

L.Wright LEED 2:13.4 Trafford ?Jun

J.Williams* CAC 2:14.6 Exeter 27Jun

N.Corcoran* CAC 16.7 Exeter 27Jun

M.Wooldridge N/P 2:17.8 Exeter 4Jul

J.Williams* CAC 17.2 Exeter 27Jun

J.Elton* CAC 2:20.0 Ply 19Jun

C.Brown* CAC 17.4 C.Brea 26Sep

CHECK ABOVE WAS J>WILLIAMS CAC

B.Bannen CAC 19.2 Windsor 24Jul

B.Gronow* CAC 2:26.4 Yeovil 19May

S.Hopkins* STVI 19.9d Yeovil 19May

K.Martin* CAC 2:26.7 Exeter 27Jun

K.Lambert* N/P 20.6 Tooting 24Apr

N.Corcoran* CAC 2:33.0 Exeter 27Jun

L.Barnett CAC 20.6 Ply 19Jun

B.Lock(V) CAC 2:34.4 Harlow 4Sep

K.Martin* CAC 20.0 Harlow 4Sep

E.Craig N/P 2:36.3 C.Brea 20Jun

CHECK ABOVE 18.5 was J.williams

1500m CR** 4:26.99(4:31.6*)

S.Roberts* PENVI 21.3d Yeovil 19May

S.Fryer* STVI 21.7d Yeovil 19May

S.Salmon* N/P 4:31.6 Solihull 28Jul

300mHur

L.Wright LEEDS 4:34.4 Trafford ?Jul

N.Corcoran* CAC 52.3 C.Brea 10Apr

M.Wooldridge N/P 4:36.4 Solihull 28Jul

B.Gronow* CAC 4:45.8 Copthall 15Aug

400mHur CR** 65.2(66.8*)

E.Craig N/P 4:50.1 P'mouth 7Jul

J.Williams* CAC 4:59.7 Harlow 4Sep

J.Williams* CAC 68.4 Ply 19Jun

C.Rawlings CAC 5:22.8 Ply 19Jun

K.Martin* CAC 72.3 Yeovil 19May

J.Elton* CAC 5:26.3 Yeovil 19May

CHECK ABOVE 68.7 was J.Williams

S.Richards* N/P 5:32.6 Yeovil 19May

B.Bannen CAC 72.5 Ply 19Jun

B.Lock(V) CAC 5:42.0 Windsor 24Jul

N.Corcoran* CAC 72.9 C.Brea 20Jun

Mile CR**4:58.9(4:56.6*)

J.Elton* CAC 77.0 Brack 24Apr

S.Salmon* N/P 4:56.6 Ply 4Aug

S.Richards* N/P 78.6 Yeovil 18Apr

L.Wright LEEDS 4:58.9 Oxford 10Jul

K.Lambert* N/P 80.8 Yeovil 19May

M.Wooldridge N/P 5:03.4 Oxford 10Jul

S.Gossan* STVI 81.2 Yeovil 19May

B.Gronow* CAC 5:16.2 Ply 4Aug

M.Short* CAC 82.1 Yeovil 19May

J.Williams* CAC 5:27.2 Oxford 10Jul

K.Dancer* N/P 83.8 Tooting 24Apr

E.Craig N/P 5:29.4 Oxford 10Jul

4x100mR CR** 49.8(50.4)(51.3*)

J.Simpson(V) N/P 6:01.0 C.Brea 1Aug

County Team* 51.3 Exeter 21Aug

3000m CR** 9:36.94(9:59.2*)

County Team 52.1 C.Brea 18Jul

L.Wright LEED 9:42.0 Trafford ?Jun

Newquay/Par 53.3 Bracknell 24Jul

M.Wooldridge N/P 9:46.7 Ply 19Jul

Cornwall AC'A' 53.7 C.Brea 22May

S.Salmon* N/P 9:59.2 Ply 19Jul

Cornwall AC'B' 59.0 C.Brea 25Apr

E.Craig N/P 10:00.9 P'mouth 7Jul

4x100mR CR** 4:06.9(4:12.2*)

B.Gronow* CAC 10:06.3 Windsor 24Jul

County Team* 4:12.2 Exeter 21Aug

C.Rawlings CAC 11:00.4 Ply 19Jun

County Team 4:14.6 C.Brea 18Jul

S.Richards* N/P 11:18.4 Tooting 24Apr

Cornwall AC 4:14.9 Harlow 4Sep

J.Lean* N/P 11:29.9 Ply 19Jul

Newquay/Par 4:23.4 Exeter 25Jul

B.Bannen CAC 12:14.9 Ply 19Jun

A.Cook* PENVI 12:40.2 Yeovil 19May

name	club	perf	venue	date
SENIOR WOMEN Cont'd; (Junior women shown*)				
High Jump CR** 1.66(1.66*)				
J. Williams*	CAC	1.57	Exeter	27Jun
S. Barry*	PENVI	1.46	Yeovil	19May
L. Barnett	CAC	1.45	Guildford	7Aug
C. Brown*	CAC	1.45	Copthall	28Aug
K. Dancer*	N/P	1.42	Yeovil	19May
K. Martin*	CAC	1.36	Exeter	27Jun
K. Lambert*	N/P	1.36	Exeter	27Jun
S. Berry	CAC	1.35	C. Brea	20Jun
N. Corcoran*	CAC	1.32	Stoke	19Sep
T. Trevaskis*	PENVI	1.20	Yeovil	19May

name	club	perf	venue	date
SENIOR WOMEN Cont;d (Junior women shown*)				
Discus 1Kg CR** 40.08(33.82*)				
S. Moulton	N/P	30.16	C. Brea	1Aug
S. Berry	CAC	24.36	C. Brea	20Jun
S. Doughty	CAC	23.40	Ply	19Jun
S. Brown*	STVI	22.96	Yeovil	19May
S. Richards*	N/P	22.84	C. Brea	22May
T. Trevakis*	PENVI	20.22	Yeovil	19May
C. Wilson	CAC	18.48	Windsor	24Jul
K. Dancer*	N/P	18.16	Exeter	25Jul
S. James (V)	N/P	18.04	Par	15Aug
M. Short*	CAC	17.78	Guildford	7Aug

name	club	perf	venue	date
Long Jump CR** 5.63(5.63*)				
C. Brown*	CAC	5.47	C. Brea	16May
L. Barnett	CAC	5.41	Brack	24Apr
K. Lambert*	N/P	4.86	Yeovil	19May
J. Gardner*	N/P	4.68	Yeovil	19May
J. Williams*	CAC	4.68	Stoke	19Sep
N. Corcoran*	CAC	4.53	Exeter	27Jun
K. Martin*	CAC	4.52	Yeovil	19May
J. Elton*	CAC	4.31	C. Brea	12Jun
S. Reeks*	PENVI	4.00	Yeovil	19May
M. Burrows*	PLYAC	3.75	Ply	4Sep

name	club	perf	venue	date
Javelin 600gr CR** 40.40(40.40*)				
M. Burrows*	PLYAC	34.88	Ply	4Sep
C. Wilson	CAC	32.26	Windsor	24Jul
S. Doughty	CAC	32.22	C. Brea	22May
M. Short*	CAC	29.20	Yeovil	19May
C. Brown*	CAC	28.86	Lough	28Apr
K. Lambert*	N/P	26.04	Exeter	27Jun
C. Bowers*	?	24.06	C. Brea	12Jun
J. Williams*	CAC	21.40	Exeter	27Jun
K. Martin*	CAC	19.74	Stoke	19Sep
G. Simons (V)	CAC	17.16	C. Brea	1Aug
C. Willey	DORCH	20.66	Soton	7Aug

name	club	perf	venue	date
Triple Jump CR** 11.63(10.21*)				
L. Barnett	CAC	11.40	C. Brea	16May
C. Brown*	CAC	9.89	Brack	24Apr
K. Lambert*	N/P	8.98	Tooting	24Apr
B. Bannen	CAC	8.90	C. Brea	22May
S. Richards*	N/P	7.99	Tooting	24Apr

name	club	perf	venue	date
Hammer 4Kg CR** 21.76(14.14*)				
K. Brusby (V)	N/P	21.76	C. Brea	16May
S. Moulton	CAC	14.78	C. Brea	16May

name	club	perf	venue	date
Shot 4Kg CR** 12.53(4.95*)(10.04*)				
S. Brown*	ST.VI	10.04	Bo'mouth	19Jun
CHECK ABOVE OR ** ELIGIBILITY				
K. Jenkin*	PENVI	9.27	Yeovil	19May
C. Brown*	CAC	8.95	Stoke	26Jun
J. Williams*	CAC	8.59	Harlow	4Sep
M. Burrows*	PLYAC	8.25	Bo'mouth	19Jun
K. Lambert*	N/P	8.01	Stoke	19Sep
M. Short*	CAC	7.89	C. Brea	25Apr
S. Berry	CAC	7.84	C. brea	1Aug
S. Moulton	N/P	7.41	C. Brea	10Apr
C. Maypell*	PENVI	7.31	Yeovil	19May

name	club	perf	venue	date
Heptathlon				
J. Williams*	CAC	3923	Exeter	27Jun
C. Brown*	CAC	3900	Stoke	27Jun
N. Corcoran*	CAC	3138	Exeter	27Jun
K. Martin*	CAC	3027	Exeter	27Jun
K. Lambert*	N/P	2879	Exeter	27Jun

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